## A. Diagnosis of humanity: the bad news

- five events: (1) Babel (2) Titanic (3) Challenger (4) Fukushima (5) submersible : common: hubris
- a broken world: environment:sick/culture of death/loneliness/broken families/suicides/me-world
- hello: sin i. Miss the mark (*hamartia*)
  - ii. Turning away from what is good
  - iii. Division and indifference (boredom)
- essence: self-love/selfishness/kills life of soul/"When looking for #1, you step on #2." (Dangerfield)
- original sin (spiritual cancer/my proclivities/ slippery slope/heredity) /actual sin
- our self: fundamentally good (God's image/reason + free will/body + soul/loved by God/adopted/ "married" by God/eternal righteousness/truth/joy [Paschal and Kreeft, p. 149]
- "We cannot think too little of ourselves, nor too much of our souls." (Chesterton)
- need to be soulish not selfish/"When a wrong man uses the right means, the right means becomes the wrong way." (Chinese proverb)
- "I sin because I am a sinner, just as I sing because I am singer." "I want what I want when I want it."
- our world: compromise/cope with it/not really that wrong/ vs. our faith: can be destroyed: our faith: cuts to the heart = heart surgery/but need to know we need heart surgery!
- sin isolates/Jesus restores relationships: story of widow of Nain's son: Jesus gave him back to mother

# B. Prescription for our healing: the Good News

- uniqueness of Christianity: [Peter Kreeft, Christianity for Modern Pagans Pascal's Pensées Ignatius Press, 1993, p. 277]
  - 1. Christianity understands both halves of humanity. (human/divine; body/soul;material/spiritual)
  - 2. Christianity teaches, not self-fulfillment, but self-abnegation (denial) and the Cross.
  - 3. All other religious "enlightenments" (monotheism, morality) are Christianity's "kindergarten".
  - 4. Christianity puts into Martyrs' lips hymns of triumph and into believers' lives "joy unspeak-

able and full of glory".

5. Christianity does not teach human clichés and platitudes but divine mysteries, wonders and paradoxes. (And the unique key to all this is **Jesus Christ**, fully human and divine.)

- constant teachings about God's mercy:
  - 1. God is full of mercy/swimming in "sea of mercy"; hesed:loving kindness/segullah
  - 2. Christ purpose in coming to Earth: to reconcile us to God + one another;
  - 3. God loves *to spend* his mercy and to forgive us: death and resurrection of Jesus/ "way, truth, life" (= our GPS and more: Jesus actually *brings* us home!)
  - 4. our reward: eternal life and glory with God and all creation forever. Hurray! Alleluia!

## C. Wonderful images of Mercy

- 1. Ikon of descent to the dead: Adam & Eve/bound up person/Sheol/God reaches out to us;
  - Creed: descended in Hell + the Hell of our existence

- 2. Rembrandt: prodigal son: hands of father: male and female/son's head: fetus
  - Henri Nouwen, *The Return of the Prodigal* (1992): father/son relations;
  - 2 things son must hear from Father: (i) "I love you" / (ii) "you got what it takes..."
- 3. Murillo: prodigal son: son: mess/fatted calf/ring/sandals/
  - dog: Jack Daniel spaniel/always excited tail/= joy of God on our repentance
- 4. Cameroun prodigal son: whole village/father + mother/total joy
  - elder bother? Look on child on mother's back: at us: we are the elder brother!

#### D. Sacrament of Reconciliation

- word: Latin: re+con [cum]+cilius (hair): constant cleansing and protecting (eyes/soul)
- Sacraments: God touches us through material things: Incarnational principle
  - matter and form (Baptism: water + words); Penance: sin + absolution words
- Christ reaches out to us:
  - priest and penitent engraving: no screen (1974)/hands on penitent's shoulder/ Jesus right hand off the cross = forgiveness: from Jesus through priest to penitent
- God wants us to be totally open:
  - St. Giles painting: withheld a sin/revealed on scroll by angel/he confessed it/peace
  - St. John Nepomucene window: refused to tell king sins of queen/drowned in river
    - seal of confession: absolute: no exceptions/if one exception, what else?
- new closeness: Gaspari drawing: confession = "kiss of Christ" (Catherine Doherty)
  - after confession: huge "weight" lifted/peace/tears/joy
- Jesus and BVM help us to "untie our knots": Mary, Untier of Knots painting + ikon
  - discovered in Bavaria by Pope Francis/Argentina/Brazil (also Poland)
  - powerful prayer for: national and family tensions/addictions/

### E. Practical tips for a better confession

- 1. Mentioning a few blessings before confessing our sins
- 2. Sins often are "symptoms": get to the root: often one of 7 capital sins: pride/lust/avarice/jealousy/envy/anger/sloth; "there are no new sins!"
- 3. Frequency: monthly/quarterly/need a pulse/check-up/objective affirmation
- 4. seniors: sins of past life coming up: new conversion (St. Francis of Sales: dust -> light)
- 5. be open to broader perspectives: environment/racial attitudes/boredom/indifference

### F. Our wonderful God who loves to spend his mercy! Wow?

- 1. Forgiveness: most powerful, and difficult, teaching in New Testament.
  - Nelson Mendela: 26 yrs. solitary confinement/but peace: "I forgave them."
- 2. Quick apology/quick forgiveness: "oil of the Gospel"
- 3. Pope Francis: only modern Pope to say publicly and often he is sorry and to ask forgiveness.
- 4. "Confession is the God-given remedy for self-deception and self-justification." (Bonhoeffer.)
- 5. God does not need confession, but we do!
- 6. Confession brings deep peace and joy because God is so good and so merciful.