

**OUR LADY  
UNDOER OF KNOTS  
NOVENA**



 **ST. GEORGE**  
ROMAN CATHOLIC PARISH

457 Hail, Holy Queen, Enthroned Above



1. Hail, ho - ly Queen, en - throned a - bove,  
 2. O gen - tle, lov - ing, ho - ly one,  
 3. We hon - or you for Christ, your Son,  
 4. Our life, our sweet - ness here be - low,



O Ma - ri - a! Hail, Queen of mer - cy  
 The God of light be -  
 Who has for us re -  
 Our hope in sor - row



and of love,  
 came your Son, O Ma - ri - a!  
 demp - tion won,  
 and in woe,

Refrain



Tri - umph, all you cher - u - bim, Sing with us, you



ser - a - phim, Heav'n and earth re - sound the hymn:



Sal - ve, sal - ve, sal - ve, Re - gi - na!

Text: *Salve, Regina, mater misericordiae*, c. 1080; tr. from the *Roman Hymnal*, 1884;  
 Verse 2 by Owen Lee, CSB, b. 1930; Copyright 1958 by the Basilian Fathers.  
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 Tune: SALVE, REGINA COELITUM, 84 84 with refrain

SALVE REGINA

Hail, holy Queen, mother of mercy,  
 our life, our sweetness and our hope.  
 To you do we cry, poor banished children of  
 Eve.  
 To you we send up our sighs,  
 mourning and weeping in this valley of tears.

Turn then, most gracious advocate,  
 your eyes of mercy towards us,  
 and after this, our exile,  
 show unto us the blessed fruit of your womb,  
 Jesus.  
 O clement, o loving, o sweet Virgin Mary.



## Meditation for the Eighth Day of the Novena to Mary, Undoer of Knots

Virgin Mother of God, overflowing with mercy, have mercy on your children and undo these knots [*mention your requests silently here*] in our lives. We need your visit to our lives, like you visited Elizabeth. Bring us Jesus, bring us the Holy Spirit. Teach us to practice the virtues of courage, joyfulness, humility, and faith, and, like Elizabeth, to be filled with the Holy Spirit. Make us joyfully rest on your bosom, Mary. We consecrate you as our mother, queen, and friend. We give you our hearts and everything we have—our homes and families, our material and spiritual goods. We are yours forever. Put your heart in us so that we can do everything Jesus tells us.

Mary, Undoer of Knots, pray for us.

## Meditation for the Ninth Day of the Novena to Mary, Undoer of Knots

Most Holy Mary, our Advocate, Undoer of Knots, we come today to thank you for undoing these knots in our lives.

[*Mention your requests silently here*]

You know very well the suffering it has caused us. Thank you for coming, Mother, with your long fingers of mercy to dry the tears in our eyes; you receive us in your arms and make it possible for us to receive once again the divine grace. Mary, Undoer of Knots, dearest Mother, we thank you for undoing these knots in our lives. Wrap us in your mantle of love, keep us under your protection, enlighten us with your peace! Amen.

Mary, Undoer of Knots, pray for us.

## Hail, Queen of Heav'n, the Ocean Star 458



1. Hail, Queen of heav'n, the o - cean star,  
2. God's cho - sen one, full blest with grace,  
3. All praise to God who reigns a - bove,



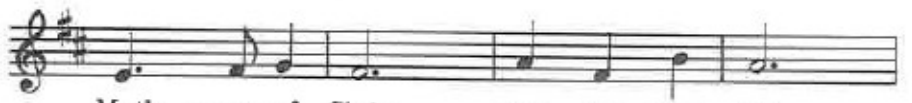
Guide of the wan - d'r'er here be - low,  
In Christ your son, we make our prayer  
Cre - a - tor, Word, and Spir - it one,



Thrown on life's surge, we claim your care;  
That trou - bled hearts may know his peace  
The source of life, of grace, of love,



Save us from per - il and from woe.  
On o - cean swells, in trial, in fear.  
Who guides the waves as earth and sun.



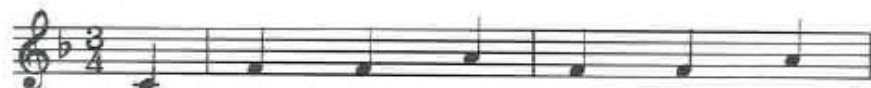
Moth - er of Christ, star of the sea,  
Moth - er in faith, star of the sea,  
Moth - er of all, star of the sea,



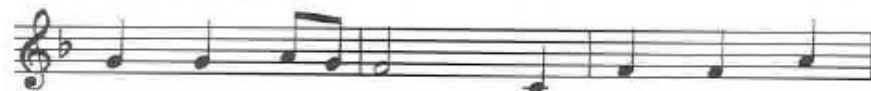
Pray for the wan - d'r'er, pray for me.  
Pray for the bur - dened, pray for me.  
Pray for God's peo - ple, pray for me.

Text: stanza 1 John Lingard, 1771-1851; stanzas 2, 3 Raymond Lahey. Used by permission.  
Tune: STELLA, 88 88 88; English traditional





1. Im - ma - cu - late Mar - y, your  
 2. Most bless - ed of wom - en, to  
 3. O per - fect dis - ci - ple, you  
 4. O moth - er of mer - cy, the  
 5. So now with the saints and the



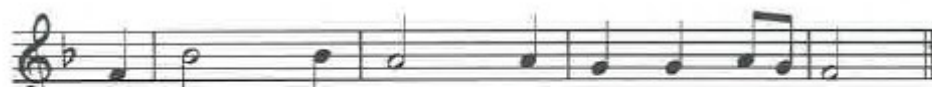
prais - es we sing, You reign now in  
 whom was re - vealed, The plan of sal -  
 cher - ished God's word; Pro - claimed by your  
 cross of your Son Has brought us to  
 an - gels a - bove We join you in



heav - en with Je - sus our king.  
 va - tion for a - ges con - cealed.  
 vir - tue, the good news you heard.  
 new life: in him we are one.  
 prais - ing our God who is love.



A - ve, a - ve, a - ve, Ma - ri - a.



A - ve, a - ve, a - ve, Ma - ri - a.

## Meditation for the Sixth Day of the Novena to Mary, Undoer of Knots

Queen of Mercy, we entrust to you these knots in our lives [*mention your requests silently here*] and we ask you to give us a heart that is patient until you undo them. Teach us to persevere in the living word of Jesus, in the Eucharist, the Sacrament of Confession; stay with us and prepare our hearts to celebrate with the angels the grace that will be granted to us. Amen! Alleluia!

Mary, Undoer of Knots, pray for us.

## Meditation for the Seventh Day of the Novena to Mary, Undoer of Knots

Mother Most Pure, we come to You today to beg you to undo these knots in our lives [*mention your requests silently here*] and free us from the snares of evil. God has granted you great power over all the demons. We renounce all of them today, every connection we have had with them, and we proclaim Jesus as our one and only Lord and Savior. Mary, Undoer of Knots, crush the evil one's head and destroy the traps he has set for us by these knots. Thank you, dearest Mother. Most Precious Blood of Jesus, free us!

Mary, Undoer of Knots, pray for us.



the road. Along with you, dearest Mother, may we see these stones as friends. Not murmuring against them anymore but giving endless thanks for them, may we smile trustingly in your power.

Mary, Undoer of Knots, pray for us.

## Meditation for the Fifth Day of the Novena to Mary, Undoer of Knots

Mother, Undoer of Knots, generous and compassionate, we come to You today to once again entrust these knots [*mention your requests silently here*] in our lives to you and to ask the divine wisdom to undo, under the light of the Holy Spirit, these snarl of problems. No one ever saw you angry; to the contrary, your words were so charged with sweetness that the Holy Spirit was manifested on your lips. Take away from us the bitterness, anger, and hatred which these knots have caused us. Give us, O dearest Mother, some of the sweetness and wisdom that is all silently reflected in your heart. And just as you were present at Pentecost, ask Jesus to send us a new presence of the Holy Spirit at this moment in our lives. Holy Spirit, come upon us!

Mary, Undoer of Knots, pray for us.



## Be Joyful, Mary, Heav'nly Queen 460

1. Be joy - ful, Mar - y, heav'n - ly queen,  
 2. The Son you bore by heav - en's grace,  
 3. The Lord has ris - en from the dead,  
 4. O pray to God, O vir - gin fair,

Gau - de, Ma - ri - a:

Your Son who died was liv - ing seen,  
 Did all our guilt and sin ef - face,  
 He rose with might as he had said,  
 That he our souls to heav - en bear,

Al - le - lu - ia, lae - ta - re, O Ma - ri - a.

Text: *Regina caeli, jubila*; Latin, 17th c.; tr. anon.  
 Tune: REGINA CAELI, 85 8 47; Johann Leisentritt, 1527-1586; in *Gesangbuch*, 1584



# OUR LADY UNDOER OF KNOTS

## NOVENA

We all have some “knots” in our lives... and Mary can untie them!

The devotion to Mary, Undoer of Knots has become more popular ever since Pope Francis encouraged the devotion in Argentina, and then spoke about it during his first year as pontiff.

The theology of the devotion actually goes back to the second century. Saint Irenaeus wrote that, “The knot of Eve’s disobedience was untied by the obedience of Mary; what the virgin Eve bound by her unbelief, the Virgin Mary loosened by her faith.”

Mary’s faith unties the knot of sin!  
So we will pray that the Blessed Virgin Mary will intercede for us all, to untie the knots of sin in our lives – so that we may be purified and ever closer to God.



Mary, Undoer of Knots, pray for us.

### Meditation for the Third Day of the Novena to Mary, Undoer of Knots

Meditating Mother, Queen of heaven, in whose hands the treasures of the King are found, turn your merciful eyes upon us today. We entrust into your holy hands these knots in our lives [*mention your requests silently here*] and all the rancor and resentment it has caused in us. We ask Your forgiveness, God the Father, for our sins. Help us now to forgive all the persons who consciously or unconsciously provoked these knots. Give us, also, the grace to forgive ourselves for having provoked these knots. Only in this way can You undo them. Before You, dearest Mother, and in the name of Your Son Jesus, our Savior, who has suffered so many offenses, having been granted forgiveness, we now forgive these persons [*mention their names silently here*] and ourselves, forever. Thank you, Mary, Undoer of Knots for undoing these knots of rancor in our hearts and the knots which we now present to you. Amen.

Mary, Undoer of Knots, pray for us.

### Meditation for the Fourth Day of the Novena to Mary, Undoer of Knots

Dearest Holy Mother, you are generous with all who seek you, have mercy on us. We entrust into your hands these knots which robs the peace of our hearts, paralyzes our souls and keeps us from going to our Lord and serving Him with our lives. Undo these knots in our love [*mention your requests silently here*], O Mother, and ask Jesus to heal our paralytic faith, which gets downhearted with the stones on

## **Meditation for the First Day of the Novena to Mary, Undoer of Knots**

Dearest Holy Mother, Most Holy Mary, you undo the knots that suffocate your children. Extend your merciful hands to us. We entrust to You today these knots [*mention your requests silently here*] and all the negative consequences that it provokes in our lives. We give you these knots that torment us and makes us unhappy and so impedes us from uniting ourselves to You and Your Son Jesus, our Savior. We run to You, Mary, Undoer of Knots, because we trust you and we know that you never despise a sinning child who comes to ask you for help. We believe that you can undo these knots because Jesus grants you everything. We believe that you want to undo these knots because you are our Mother. We believe that You will do this because you love us with eternal love. Thank you, Dear Mother.

Mary, Undoer of Knots, pray for us.

## **Meditation for the Second Day of the Novena to Mary, Undoer of Knots**

Mary, Beloved Mother, channel of all grace, we return to You today, recognizing that we are sinners in need of your help. Many times we lose the graces you grant us because of our sins of egoism, pride, rancor and our lack of generosity and humility. We turn to You today, Mary, Undoer of knots, for You to ask your Son Jesus to grant us a pure, divested, humble and trusting heart. We will live today practicing these virtues and offering you this as a sign of our love for You. We entrust into Your hands these knots [*mention your requests silently here*] which keeps us from reflecting the glory of God.

## **FORMAT FOR PRAYING THE NOVENA:**

1. Begin each day of the Novena to Mary, Undoer of Knots, with the Sign of the Cross.
2. Make an Act of Contrition. You can use any form; simply ask God to pardon your sins and make a firm purpose of amendment not to commit them again. (see at the bottom)
3. Pray the first three decades of the Rosary, with the appropriate mysteries for the day: Joyful (Mondays, and Saturdays), Luminous (Thursdays), Sorrowful (Tuesdays and Fridays), Glorious (Wednesdays & Sundays).
4. Make the meditation for the particular day (see pages 10 and following).
5. Complete the last two decades of the Rosary
6. Pray Closing Prayers (see page 9)

## **ACT OF CONTRITION**

I confess to Almighty God and to you my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brother and sisters, to pray for me to the Lord our God.



## MYSTERIES OF THE ROSARY

### Joyful Mysteries (Monday & Saturday)

1. The Annunciation of the Lord
2. The Visitation of Mary to Elizabeth
3. The Nativity of our Lord Jesus Christ
4. The Presentation of the Lord in the Temple
5. Finding Jesus in the Temple

### Sorrowful Mysteries (Tuesday & Friday)

1. The Agony of Jesus in the Garden
2. The Scourging at the Pillar
3. Jesus is Crowned with Thorns
4. Jesus Carries the Cross
5. The Crucifixion of Jesus

### Glorious Mysteries (Wednesday & Sunday)

1. The Resurrection of the Lord
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption of Mary
5. Mary Crowned as Queen of Heaven & Earth

### Luminous Mysteries (Thursday)

1. The Baptism in the Jordan
2. The Wedding at Cana
3. The Proclamation of the Kingdom
4. The Transfiguration
5. The Institution of the Eucharist



## CLOSING PRAYER

### Prayer to Mary, Undoer of Knots

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exist in your heart, cast your compassionate eyes upon us and see the snarl of knots that exists in our lives. You know very well how desperate we are, our pain, and how we are bound by these knots.

Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, we entrust into your hands the ribbons of our lives. No one, not even the evil one himself, can take them away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and Our Liberator, Jesus, take into your hands today these knots.

*[Mention your requests silently here]*

We beg you to undo them for the glory of God, once for all. You are our hope. O blessed Mother, you are the only consolation God gives us, the fortification of our feeble strength, the enrichment of our destitution, and, with Christ, the freedom from our chains. Hear our pleas. Keep us, guide us, protect us, o safe refuge!

Mary, Undoer of Knots, pray for us.

Amen.